



Smoking damages your lungs which may make the impact of coronavirus worse



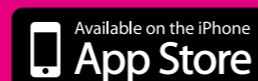
Smoking weakens your immune system so it could take longer to recover from coronavirus

Now is the Time
#quitforcovid
call 0800 328 6297
or visit www.quitsquad.nhs.uk

You are at risk of serious illness from coronavirus if you have a lung condition

You are **THREE TIMES MORE LIKELY TO QUIT** with our support

Access 24/7 support via My Quit Route



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